



MEDICAL ALERT

My medical history includes **polio**.
I now experience symptoms of

Late Effects of Polio

I may require additional assistance or specialised treatment to **reduce my risks**.

Please discuss treatments with me, my family or carer, and my GP. Please also inform other staff of my condition.

For more information on my surgical risks & planning for hospitalisations.

RISKS TO MITIGATE

Medications

Surgery and Anaesthesia

Falling and Fractures

Activity and Exercise

contact@
polioaustralia.org.au



Late Effects of Polio (LEoP)

New muscle weakness on paralysis

Profound fatigue

Muscle & joint pain

Sleep disturbances

Breathing & swallowing difficulties

Cold intolerance